



Hydrorider® aquajump and aquabike as well as aqua weights, resistance bands, and much more. Join us for a fun workout for all fitness levels from ages 16 and up.

**JUST TAKE YOUR KEY CARD and GET
SWIM FIT this summer.**

Mondays and Wednesdays

6:30 PM

Gardenia Park Pool
201 W Berckman St
Fruitland Park, FL 34731